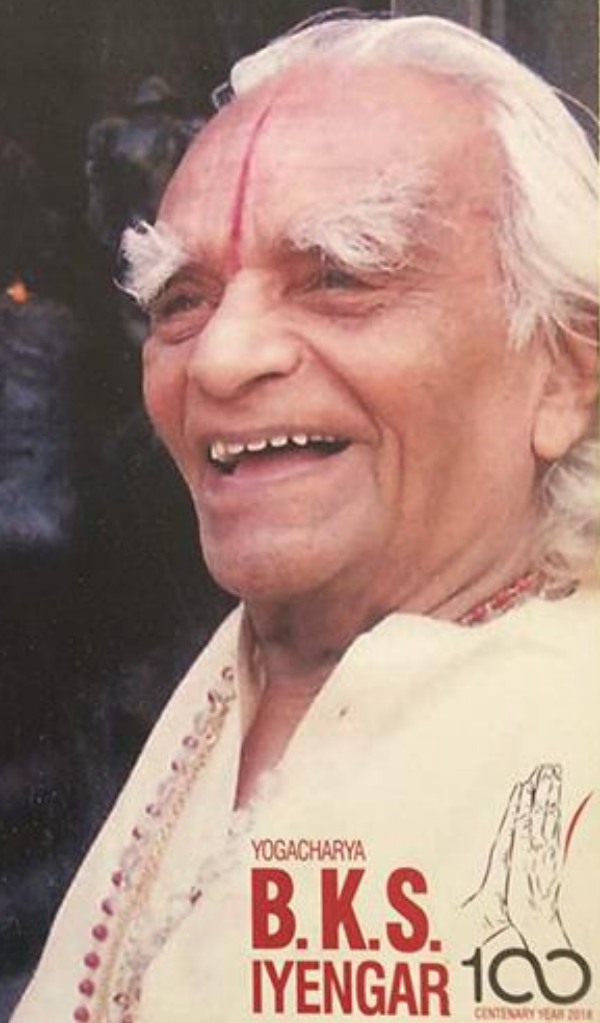




# Yoga Rahasya



YOGACHARYA

**B.K.S.  
IYENGAR**


## Yoga Rahasya

Vol.25, No.1; 2018

Guruji's last public message	...	03
From the archives: Guruji's aggression or compassion	...	06
Message from Geetaji on December 14, 2017	...	09
Guruji's centenary year celebrations	...	18
Guruji's implicit last message	...	24
Pune diaries: This is <i>yogānuśāsanam</i> too	...	29
Be a student of yoga	...	34
Guruji's centenary celebrations in the land of Lord Krishna	...	41
Centenary celebrations - Udupi, Manipal	...	47
Discovering the challenges and responses within: A case study of Multiple Sclerosis	...	49
On getting well	...	57
Coming face to face with <i>abhiniveśa</i>	...	63
New release: <i>Vyāsa Bhashya</i>	...	67
The centenary celebrations	...	70